

**Table E1** – Mean tidal volume generated by the physiotherapists, under the American Society of Testing Materials (ASTM) condition,<sup>a</sup> with the one-handed and two-handed techniques.<sup>b</sup>

| Physiotherapist                                                               | Hand size, mm | Manual resuscitator |          |            |          |          |          |          |          |
|-------------------------------------------------------------------------------|---------------|---------------------|----------|------------|----------|----------|----------|----------|----------|
|                                                                               |               | Ambu                | Ambu S   | Hudson/RCI | Moriya   | Oxigel   | Protec   | RWR      | Unitec   |
| Tidal volume generated with the one-handed technique under the ASTM condition |               |                     |          |            |          |          |          |          |          |
| Female 1                                                                      | 177           | 527 ± 43            | 499 ± 9  | 488 ± 29   | 460 ± 13 | 463 ± 14 | 419 ± 13 | 457 ± 23 | 328 ± 18 |
| Female 2                                                                      | 160           | 446 ± 4             | 428 ± 8  | 432 ± 1    | 409 ± 2  | 389 ± 4  | 353 ± 7  | 399 ± 7  | 246 ± 14 |
| Male 1                                                                        | 200           | 637 ± 39            | 673 ± 25 | 673 ± 3    | 589 ± 22 | 535 ± 11 | 530 ± 25 | 617 ± 7  | 360 ± 21 |
| Male 2                                                                        | 188           | 538 ± 76            | 498 ± 61 | 481 ± 35   | 511 ± 22 | 484 ± 6  | 416 ± 43 | 475 ± 16 | 334 ± 40 |
| Tidal volume generated with the two-handed technique under the ASTM condition |               |                     |          |            |          |          |          |          |          |
| Female 1                                                                      | 177           | 693 ± 15            | 715 ± 3  | 679 ± 29   | 642 ± 16 | 430 ± 2  | 506 ± 7  | 567 ± 21 | 441 ± 14 |
| Female 2                                                                      | 160           | 693 ± 2             | 681 ± 34 | 666 ± 18   | 586 ± 37 | 488 ± 14 | 520 ± 22 | 562 ± 12 | 388 ± 8  |
| Male 1                                                                        | 200           | 797 ± 19            | 752 ± 12 | 785 ± 11   | 741 ± 9  | 588 ± 26 | 584 ± 22 | 691 ± 5  | 474 ± 2  |
| Male 2                                                                        | 188           | 591 ± 38            | 627 ± 17 | 500 ± 19   | 573 ± 11 | 530 ± 16 | 436 ± 32 | 488 ± 27 | 373 ± 15 |

<sup>a</sup>Compliance = 0.02 L/cmH<sub>2</sub>O; and resistance = 20 cmH<sub>2</sub>O · L<sup>-1</sup> · s<sup>-1</sup>.  
<sup>b</sup>Values expressed as mean ± SD, on the basis of 3 measurements, in mL.