

Appendix

Expert Views on Screening for Tuberculosis Infection in Patients Commencing Treatment with a Biologic Agent

Table A1: Guidelines regarding LTBI screening and treatment for patients undergoing treatment with biologic agents

| Medical Society | Screening before biologic initiation? | Type of screening | Guideline specific for biologic class? | How soon after LTBI treatment can they start biologics? | What type of LTBI treatment | Repeated LTBI testing + Routine Monitoring | Process of guideline development | Quality of sources |
|-------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------|----------------------------------------|--------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------|----------------------------------|--------------------|
| Arthritis Australia | Yes ¹ | Not Available | Broad/All ¹ | Not Available | Not Available | Not Available | Not Available | Not Available |
| Australian Rheumatology Association | Yes ² | IGRA + CXR within last 3 months + History and risk factors ² . | TNF- α inhibitors ² | Concurrently 1-2 months after beginning prophylaxis ² . | - Isoniazid + pyridoxine 6-9 months - Rifampicin 4 months ² | Not Available | Not Available | Not Available |
| Australasian College of Dermatologists | Yes ³ | CXR + Blood tests (not specific for TB) ³ . | Broad/All ³ | Not Available | Not Available | Not Available | Not Available | Not Available |
| Gastroenterological Society of Australia | Yes ⁴ | CXR + History and risk factors ⁴ . | Broad/All ⁴ | Not Available | Not Available | Not Available | Not Available | Not Available |

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| Australian Council on Healthcare Standards | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available |
| Australian General Practice Group | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available |
| National Tuberculosis Advisory Committee | Yes ^{5,6} | IGRA/TST. May be combined if high TB risk. + CXR, sputum culture + TB exposure history ⁶ . | TNF- α Inhibitors ^{5,6} | Not Available | - Isoniazid 6-9 months - Rifampicin 4 months - Rifampicin + isoniazid 3 months ⁵ | Not Available | No systematic review done, but reference is made to selected articles ⁵ . Informed by meta-analyses and trials, but no systematic search was performed ⁶ . | No reference is made to the strength/quality of literature informing recommendations ⁵ . Quality of evidence informing guidelines is not graded ⁶ . |
| Lung Foundation Australia | Required in TNF- α inhibitor use, but not specified before treatment initiation ⁷ . | TST preferred in most groups. CXR if positive IGRA/TST ⁷ . | Not available | Not available | Not available | Not Available | Not Available | Not Available |

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| Rheumatology (EULAR) | | | | | | | | |
| COVID-19 International Rheumatology Alliance | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available | Not Available |
| British Society for Rheumatology | Yes ¹² | TST and/or IGRA + CXR + History/risk factors Abnormal CXR/TB history should be referred to specialist. TST not helpful in patients on immunosuppressive therapy with normal CXR. Either positive TST or IGRA in immunocompromised | Broad/All ¹² Consider etanercept over TNF- α inhibitor monoclonal antibodies for high risk patients ¹² | At least 1 month of LTBI treatment ¹² For active TB, after completing at least 3 months of treatment with evidence of culture negativity ¹² . | - Isoniazid 6 months - Rifampicin + isoniazid 3 months ¹² | patients should be monitored every 3 months and up to 6 months after stopping treatment – repeat screening tests not explicitly explored ¹² . | Recommendations developed by expert panel based on evidence from a literature search including 289 articles ¹² . | GRADE method used to evaluate the quality of evidence. Recommendations were also individually evaluated based on strength of evidence. Quality of evidence was ranked moderate to very low for all TB-related recommendations ¹² . |

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| | | patients are considered for TB treatment ¹² . | | | | | | |
| World Health Organisation | Yes ¹³ | TST or IGRA ¹³ | TNF- α inhibitors ¹³ | Not Available | Shorter treatments such as 1- or 3-months isoniazid + pyridoxine ¹³ . | Not Available | Recent evidence was reviewed by the Guideline Development Group. | Certainty of evidence are low to very low. |
| British Thoracic Society | Yes ¹⁴ | History/risk factors + physical examination + CXR within last 3 months. TST if no immunosuppression history. Abnormal CXR/TB history referred to specialist ¹⁴ . | TNF- α Inhibitors ¹⁴ | Complete at least 2 months LTBI treatment ¹⁴ . | Not Available | Patients with abnormal CXR/ TB history receive repeat CXR 3 months after initial ¹⁴ . | Systematic search of the literature and clinical expertise of guideline developers. Despite being evidence-based, they are outdated (2005) and only relevant to TNF- α inhibitor drugs ¹⁴ . | Strength of literature was evaluated using a revised SIGN grading system and found to be mostly low for methodology ¹⁴ . |
| British Association of Dermatologists | Yes ^{15,16} | IGRA alone or with TST + TB risk factors + CXR. | TNF- α Inhibitors IL-12/23 Inhibitors IL-17 Inhibitors IL-23 Inhibitors ¹⁵ All biologics ¹⁶ . | Complete 2 months LTBI treatment ^{15,16} . | - Isoniazid + pyridoxine + rifampicin 3 months - Isoniazid + pyridoxine 6 months ¹⁵ . | Assessment and investigation including repeat IGRA on symptoms/signs suggestive of TB, | Not systematically reviewed ¹⁵ . Developed by a multi-disciplinary group based on a systematic literature search. Each included | Strength of recommendations were overall weak, and many were consensus-based ¹⁵ . |

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| | | Assess for active TB and/or management of latent TB in consultation with TB specialist ^{15,16} . | | | | new TB exposure prolonged residence in a high incidence setting ^{15,16} . | study was critically evaluated, and overall quality of evidence for recommendations was assessed using the GRADE method ¹⁶ . | Overall, recommendations were rated to be strong ¹⁶ . |
| National Institute for Health and Care Excellence (NICE) (UK) | Not Available | IGRA alone or with TST for immunocompromised ¹⁷ (not specific for biologic drugs). | Guidelines are not specific for use in patients on biologic drugs. | Not Available | - Isoniazid + pyridoxine + rifampicin 3 months - Isoniazid + pyridoxine 6 months ¹⁷ | Not Available | Developed by experts based on evidence from prospective and retrospective cohort studies, case-control studies, and cross-sectional studies ¹⁷ . | Evidence reviewed is not specific for screening and treatment in patients initiating biologic treatment and is therefore of limited value ¹⁷ . |
| National Psoriasis Foundation & American Academy of Dermatology | Yes ¹⁸ | TST or IGRA prior to IL-17/23 inhibitors. TST or IGRA for TNF- α , IL-12/23 inhibitors ¹⁸ . Referral for CXR with | TNF- α inhibitors IL-12/23 inhibitors IL-17 inhibitors IL-23 inhibitors ¹⁸ | Not Available | Not Available | Yearly re-testing in high-risk patients on all biologics, screening and annual CXR done at discretion of dermatologist in lower risk patients ¹⁸ . | Developed by multidisciplinary expert group and based on a literature review of 354 articles, the quality of each was evaluated using a 3-point scale. | Evidence from articles informing TB-specific guidelines were referenced but not graded or evaluated individually for strength or quality ¹⁸ . Hence the strength of recommendations is unknown. |

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| | | positive TB test ¹⁸ . | | | | | | |
| Spanish Society of Pneumology and Thoracic Surgery (SEPAR) ¹⁹ | Yes ¹⁹ | <ul style="list-style-type: none"> - Detailed history - CXR and if doubt include CT Chest -Simultaneous IGRA and TST. A positive result in any of these tests is considered indicative of LTBI (III) ¹⁹. | <p>All biologics¹⁹.</p> <p>TNF-α has highest risk especially infliximab and adalimumab¹⁹.</p> | 4 weeks ¹⁹ | <p>Isoniazid for 9 months. In exceptional cases only, treatment with isoniazid + rifampicin for 3 months. In the event of isoniazid-induced hepatotoxicity, rifampicin for 4 months is recommended¹⁹.</p> | Only when symptomatic or after possible exposure after travel to highly endemic areas (III) ¹⁹ . | Developed by a team of experts specialising in treatment with biologics using evidence from literature. All recommendations are graded using the classification of the American Society of Infectious Diseases. | All recommendations included in this table were based on expert opinion (grade III) or on weaker quality evidence (grade II). |

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| European Society of Clinical Microbiology and Infectious Disease (ESCMID) ²⁰ | Yes ²⁰ | Dual TST and IGRA Risk factor assessment and active TB exclusion ²⁰ . | TNF- α inhibitors ²⁰ | Not Available | Not Available | Unclear; routine annual re-screening should be considered ²⁰ . | Multidisciplinary team reviewed the available evidence from a large literature search. | Sources included meta-analyses of RCTs, post-marketing registries and retrospective cohort studies. Sources and strength of recommendations was not assessed. |
| European Society of Clinical Microbiology and Infectious Disease (ESCMID) ²¹ | No: IL-5 ²¹ Yes: IL-17, IL-12/23, IL-6, IL-1 ²¹ | Not Available | IL-1 inhibitors IL-5 inhibitors IL-6 inhibitors IL-12/23 inhibitors IL-17 inhibitors ²¹ | Not Available | Not Available | Not Available | Multidisciplinary team reviewed the available evidence from a large literature search. | Sources included meta-analyses of RCTs, post-marketing registries and retrospective cohort studies. Sources and strength of recommendations was not assessed. |
| Rituximab Consensus Experts Committee ²² | No – not necessary for patients with rheumatoid arthritis ²² . | N/A | Rituximab ²² | N/A | N/A | N/A | A systematic literature review was performed to collect data for discussion by an expert committee. | Evidence viewed was only for patients with rheumatoid arthritis. Outdated (2011). Strength of recommendations not assessed. |

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| Drugs and Bulletin Board of Navarre, Spain ²³ | Yes ²³ | TST with IGRA if negative TST result, and CXR to exclude active TB ²³ . | TNF- α inhibitors IL-12/23 inhibitors IL-17 inhibitors IL-6 inhibitors abatacept ²³ . | 1-2 months after LTBI treatment is completed ²³ . | Start isoniazid 300 mg/day or 900 mg twice weekly for 6 (65% effectiveness) to 12 months (75% effectiveness ²³ . | Repeat yearly for patients with risk factors on TNF- α inhibitors ²³ . | Literature search conducted. Recommendations based on evidence for TNF- α inhibitors are extended to the other biologic classes despite lack of evidence ²³ . | Data from clinical trials, systematic reviews, and national registries. Quality of sources and recommendations not individually evaluated. |
| Centers for Disease Control and Prevention (USA) ²⁴ | Yes | History/risk factors. TST ²⁴ . | TNF- α inhibitors ²⁴ | Until completion of LTBI treatment ²⁴ . | 9 months isoniazid ²⁴ | Not Available | Based mostly on case reports of TB reactivation. | Outdated (2004). |
| Clinical Standards for the diagnosis, treatment and prevention of TB Infection ²⁵ | Yes | TST or IGRA (not specific for patient undergoing biologics) | All biologics | N/A | WHO recommende3d regimens, not differentiating for patients undergoing biologics | Not Available | Delphi process | Updated literature search |

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| Brazilian Thoracic Association ²⁶ | Yes | TST with induration of 5mm or more considered positive. | Guidelines not specific for any biologic, but specifically includes patients undertaking treatment with TNF- α inhibitors as immunocompromised individuals ²⁶ . | At least one month ²⁶ . | 6 months isoniazid. Combination of isoniazid and rifampicin for 3 months or 2-4 months rifampicin alone ²⁶ . | TST should be periodically performed in patients with initial negative TST result ²⁶ . | Literature search conducted, and level of evidence of each source analysed by topic editors with Oxford Centre for Evidence-based Medicine criteria ²⁶ . | Outdated (2009). Not specific for TNF- α inhibitors. |
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Abbreviations: CXR= Chest X-ray, IGRA= Interferon Gamma Release Assay, IL= Interleukin, TBI= Tuberculosis Infection, N/A= Not Applicable, RCT= Randomised Control Trial, TB= Tuberculosis, TNF- α = Tumour Necrosis Factor Alpha, TST= Tuberculin Skin Test

Table A2: Survey participants' preferred TBI screening practices

| | TST only | IGRA only | IGRA for BCG vaccine, TST for others | TST/IGRA without preference | TST and IGRA sequentially if the first is negative | Total responses | Blank responses | Grand total |
|------------------------|------------|--------------|--------------------------------------|-----------------------------|----------------------------------------------------|-----------------|-----------------|-------------|
| Number of participants | 6/147 (4%) | 53/147 (36%) | 15/147 (10%) | 24/147 (16%) | 49/147 (33%) | 147 | 16 | 163 |

Abbreviations: BCG= Bacillus Calmette-Guérin, IGRA= Interferon Gamma Release Assay, LTBI= Latent Tuberculosis Infection, TST= Tuberculin Skin Test

Table A3: Survey participants' opinions on when TBI Screening should be repeated

| LTBI Screening should be repeated: | Number of participants |
|------------------------------------------------------------------------------------------------------------|------------------------|
| On exposure to an infectious TB patient | 43/146 |
| Travel to high TB incidence country | 5/146 |
| At regular intervals (e.g. annually) even in the absence of new TB exposure risks | 23/146 |
| In vulnerable populations e.g. HIV, high TB incidence background | 1/146 |
| Different approach based on baseline results | 2/146 |
| Uncertain/ Lack of evidence only | 0 |
| On new exposure + travel to high TB incidence country | 37/146 |
| On new exposure + travel to high TB incidence country + at regular intervals | 17/146 |
| On new exposure + travel to high TB incidence country + at regular intervals + depends on baseline results | 1/146 |
| On new exposure + travel to high TB incidence country + in vulnerable populations | 3/146 |
| On new exposure + at regular intervals | 11/146 |
| On new exposure + different approach based on baseline results | 1 |
| On new exposure + Uncertain/ Lack of evidence | 1 |
| Never | 1 |
| Total Responses | 146 |
| Blank Responses | 17 |

Abbreviations: HIV= Human Immunodeficiency Virus, TBI= Tuberculosis Infection, TB= Tuberculosis

Table A4: Survey respondents' suggestions on duration of tuberculosis preventive therapy (TPT) before initiation of biologic treatment

| TB incidence in respondents' country of practice | 1 month | 2 months | 3 months | Completed treatment | other | Total responses | Blank responses | Grand total |
|--------------------------------------------------|--------------|------------|-------------|---------------------|-------------|-----------------|-----------------|-------------|
| Low | 71/102 (70%) | 5/102 (5%) | 9/102 (9%) | 9/102 (9%) | 8/102 (8%) | 102 | 12 (12/144=8%) | 114 |
| Intermediate to high | 22/ (56%) | 2/ (5%) | 4/ (10%) | 7/ (18%) | 4/39 (10%) | 39 | 9 (9/48=19%) | 48 |
| Not provided | 0 | 0 | 0 | 1/1 (100%) | 0 | 1 | 0 | 1 |
| Total | 93/142 (65%) | 7/142 (5%) | 13/142 (9%) | 17/142 (12%) | 12/142 (8%) | 142 | 21 | 163 |

Abbreviations: TB= Tuberculosis

Table A5: Guideline recommendations for or against tuberculosis infection (TBI) screening for different biologic agents and survey respondents recommending for and against screening

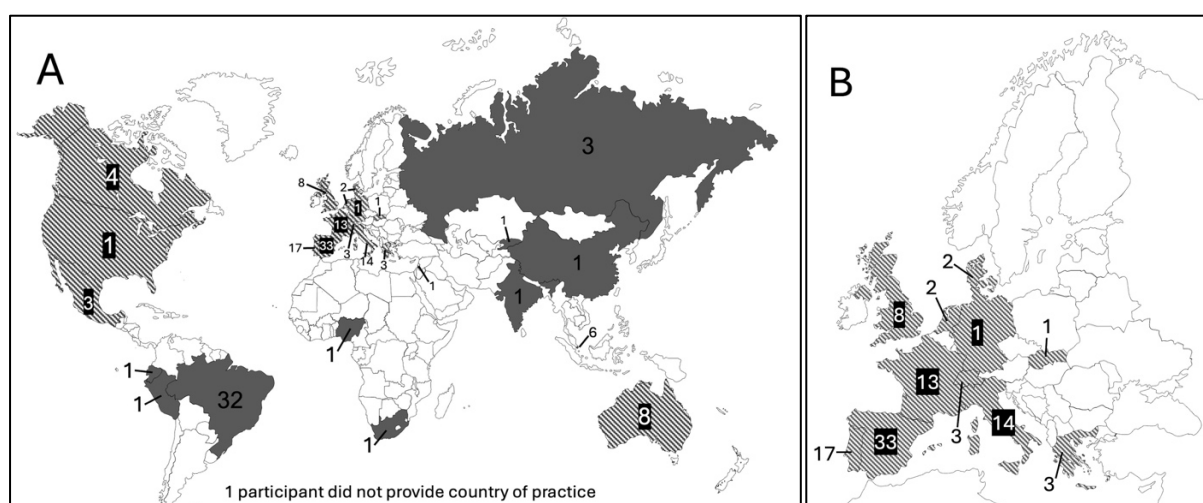
| Biologic Agent | Guidelines recommending screening | Guidelines not recommending screening | Percentage of survey respondents recommending any screening (IGRA/TST/CXR) | Percentage of survey respondents recommending against screening |
|--------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------------------------------|
| Infliximab | (WHO) ¹³ (SEPAR) ¹⁹ ESCMID ²¹ | | 97% (152/157) | 0 |
| Adalimumab | (WHO) ¹³ (SEPAR) ¹⁹ ESCMID | | 98% (147/150) | 0 |
| Etanercept | (WHO) (SEPAR) ¹⁹ ESCMID | | 98% (145/148) | 0 |
| Certolizumab pegol | (WHO) ¹³ (SEPAR) ESCMID | | 90% (129/144) | 0 |
| Golimumab | (WHO) ¹³ (SEPAR) ESCMID | | 91% (130/143) | 0 |
| Abatacept | (SEPAR) Drug and Bulletin Board of Navarre, Spain ²³ | | 73% (102/140) | 3% (4/140) |
| Rituximab | (SEPAR) | Rituximab Consensus Experts Committee ²² NHS Gloucestershire Hospitals guideline ²⁷ | 64% (91/142) | 15% (21/142) |

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| Sarilumab | NHS Gloucestershire Hospitals guideline, (SEPAR) Drug and Bulletin Board of Navarre, Spain ²³ | | 54% (76/141) | 7% (10/141) |
| Tocilizumab | NHS Gloucestershire Hospitals guideline, (SEPAR) Drug and Bulletin Board of Navarre, Spain ²³ | | 60% (85/141) | 11% (16/141) |
| Mepolizumab | (SEPAR) | ESCMID ²¹ , NHS Gloucestershire Hospitals guideline | 33% (46/138) | 31% (43/138) |
| Benralizumab | (SEPAR) | NHS Gloucestershire Hospitals guideline | 32% (44/138) | 31% (43/138) |
| Ustekinumab | (SEPAR) ESCMID, NHS Gloucestershire Hospitals guideline, Drug and Bulletin Board of Navarre, Spain ²³ | | 50% (70/140) | 11% (15/140) |
| Secukinumab | (SEPAR) NHS Gloucestershire Hospitals guideline, Drug and Bulletin Board of Navarre, Spain ²³ | | 46% (63/137) | 10% (13/137) |

SEPAR and WHO guidelines do not specifically name all biologics and extend recommendations to all biologics (SEPAR) or to all TNF-alpha inhibitors (WHO).

Abbreviations: CXR= Chest X-ray, ESCMID = European Society of Clinical Microbiology and Infectious Diseases, NHS= National Health Service (United Kingdom), SEPAR = Spanish Society of Pulmonology and Thoracic Surgery, WHO = World Health Organisation

Figure A1: Survey participants' country of practice



A: Survey participants' country of practice grouped by tuberculosis (TB) incidence rate.
B: Survey participants' country of practice grouped by TB incidence rate in Europe
Low TB incidence countries (<40 cases per 100,000 per year) are patterned.

Intermediate-to-high TB incidence countries (>40 cases per 100,000 per year) are coloured in gray.

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